

Qualified answer in examination is your way to success

Notes:

- 1. Answer all of the following questions.
- 2. The questions are distributed over (17) pages, therefore insure that you have (17) pages.

Choose the most appropriate answer (100 marks, 1.0 for each one of them)

1) Which of the following is a characteristic of the metabolic response to injury?

- a) Increased insulin sensitivity
- b) Decreased gluconeogenesis
- c) Increased protein catabolism
- d) Decreased cortisol secretion
- e) Increased glycogenesis

2) What is the most common cause of hypovolemic shock?

- a) Myocardial infarction
- b) Severe hemorrhage
- c) Sepsis
- d) Anaphylaxis
- e) Pulmonary embolism

3) Which blood product is most appropriate for a patient with hemophilia A?

- a) Whole blood
- b) Fresh frozen plasma
- c) Platelets
- d) Cryoprecipitate
- e) Packed red blood cells

4) What is the primary phase of wound healing?

- a) Proliferative phase
- b) Inflammatory phase
- c) Maturation phase
- d) Remodeling phase
- e) Angiogenesis phase

5) Which organism is most commonly associated with surgical site infections?

- a) Escherichia coli
- b) Staphylococcus aureus
- c) Pseudomonas aeruginosa
- d) Candida albicans
- e) Streptococcus pyogenes

6) In pediatric surgery, which condition is characterized by the presence of a palpable "olive" in the abdomen?

- a) Intussusception
- b) Hypertrophic pyloric stenosis
- c) Meckel's diverticulum
- d) Hirschsprung's disease
- e) Duodenal atresia

7) Which of the following is a common marker used in the diagnosis of colorectal cancer?

- a) CA-125
- b) PSA
- c) AFP
- d) CA 19-9
- e) CEA

8) What is the main purpose of a surgical audit?

- a) To increase patient load
- b) To reduce surgical costs
- c) To improve surgical outcomes
- d) To train surgical residents
- e) To shorten surgical times

9) Which of the following is crucial in the perioperative management of a high-risk surgical patient?

- a) Early discharge
- b) Minimal monitoring
- c) Aggressive hydration
- d) Comprehensive preoperative assessment
- e) Limited diagnostic tests

10) In nutrition and fluid therapy, what is the recommended daily caloric intake for a postoperative patient?

- a) 500 kcal/day
- b) 1000 kcal/day
- c) 1500 kcal/day
- d) 2000 kcal/day
- e) 2500 kcal/day

11) What is a major advantage of laparoscopic surgery over open surgery?

- a) Increased blood loss
- b) Longer hospital stay
- c) Higher infection rate
- d) Reduced postoperative pain
- e) Longer recovery time

12) In trauma management, the "golden hour" refers to:

- a) The first hour after injury
- b) The time to stabilize the patient
- c) The time to initiate surgery
- d) The time for fluid resuscitation
- e) The time to administer antibiotics

13) In head injury, what is the Glasgow Coma Scale used to assess?

- a) Pain response
- b) Respiratory rate
- c) Level of consciousness
- d) Heart rate
- e) Pupil size

14) Which of the following is the first step in the management of a patient with severe burns?

- a) Administer antibiotics
- b) Apply cooling measures
- c) Perform escharotomy
- d) Initiate fluid resuscitation
- e) Debride the wound

15) Which salivary gland is most commonly affected by sialolithiasis?

- a) Parotid gland
- b) Submandibular gland
- c) Sublingual gland
- d) Minor salivary glands
- e) Lacrimal gland

16) What is the most common cause of hyperthyroidism?

- a) Thyroid adenoma
- b) Thyroid carcinoma
- c) Hashimoto's thyroiditis
- d) Graves' disease
- e) Subacute thyroiditis

17) Which breast condition is characterized by a painless, firm, rubbery lump in a young woman?

- a) Fibroadenoma
- b) Ductal carcinoma
- c) Mastitis
- d) Fat necrosis
- e) Breast cyst

18) In the abdominal examination, which sign is indicative of peritonitis?

- a) Murphy's sign
- b) Rovsing's sign
- c) Cullen's sign
- d) Grey Turner's sign
- e) Rebound tenderness

19) Which type of hernia is most common in men?

- a) Femoral hernia
- b) Umbilical hernia
- c) Incisional hernia
- d) Indirect inguinal hernia
- e) Direct inguinal hernia

20) What is the main function of the peritoneum?

- a) Store fat
- b) Produce enzymes
- c) Secrete bile
- d) Provide lubrication
- e) Absorb nutrients

21) Which of the following is the primary site for peptic ulcer disease?

- a) Jejunum
- b) Ileum
- c) Stomach
- d) Duodenum
- e) Esophagus

22) What is the primary function of the liver?

- a) Filter blood
- b) Store bile
- c) Produce insulin
- d) Absorb nutrients
- e) Produce red blood cells

23) Which of the following is a common symptom of splenomegaly?

- a) Jaundice
- b) Hematuria
- c) Epistaxis
- d) Abdominal pain
- e) Dyspnea

24) Which is the most common cause of cholecystitis?

- a) Gallstones
- b) Viral infection
- c) Bacterial infection
- d) Pancreatitis
- e) Liver cirrhosis

25) Which imaging modality is most useful for diagnosing gallstones?

- a) CT scan
- b) MRI
- c) Ultrasound
- d) X-ray
- e) PET scan

26) Which receptor status is most important in guiding hormonal therapy in breast cancer?

- A. HER2/neu receptor
- B. Estrogen receptor (ER)
- C. Progesterone receptor (PR)
- D. Ki-67 proliferation index
- E. Epidermal growth factor receptor (EGFR)

27) What is the most common cause of small bowel obstruction?

- a) Hernias
- b) Adhesions
- c) Tumors
- d) Volvulus
- e) Intussusception

28) Which of the following is a typical symptom of appendicitis?

- a) Epigastric pain
- b) Left lower quadrant pain
- c) Periumbilical pain
- d) Generalized abdominal pain
- e) Right upper quadrant pain

29) What is the most common site for colorectal cancer?

- a) Cecum
- b) Ascending colon
- c) Transverse colon
- d) Sigmoid colon
- e) Rectum

30) Which condition is associated with severe anal pain and bright red rectal bleeding?

- a) Hemorrhoids
- b) Anal fissure
- c) Rectal prolapse
- d) Anorectal abscess
- e) Fistula-in-ano

31) What is the primary metabolic change during the initial phase of the metabolic response to injury?

- a) Hypometabolism
- b) Hypermetabolism
- c) Anabolism
- d) Ketogenesis
- e) Glycogenesis

32) What is a key feature of neurogenic shock?

- a) Hypertension
- b) Bradycardia
- c) Tachycardia
- d) Hypovolemia
- e) Hyperthermia

33) Which blood component is essential in the treatment of thrombocytopenia?

- a) Whole blood
- b) Fresh frozen plasma
- c) Platelets
- d) Cryoprecipitate
- e) Packed red blood cells

34) Which phase of wound healing involves collagen remodeling and tensile strength increase?

- a) Proliferative phase
- b) Inflammatory phase
- c) Maturation phase
- d) Angiogenesis phase
- e) Hemostasis phase

35) What is the most common causative agent of necrotizing fasciitis?

- a) Staphylococcus aureus
- b) Streptococcus pyogenes
- c) Escherichia coli
- d) Pseudomonas aeruginosa
- e) Candida albicans

36) Which pediatric condition is characterized by a "double bubble" sign on an abdominal X-ray?

- a) Intussusception
- b) Hypertrophic pyloric stenosis
- c) Meckel's diverticulum
- d) Hirschsprung's disease
- e) Duodenal atresia

37) What is a common side effect of chemotherapy in oncology patients?

- a) Weight gain
- b) Hypertension
- c) Neutropenia
- d) Hyperglycemia
- e) Hypokalemia

38) What is a key component of a surgical audit?

- a) Cost analysis
- b) Patient satisfaction surveys
- c) Statistical analysis of outcomes
- d) Marketing strategies
- e) Surgical technique evaluation

39) What is the primary goal of perioperative management in high-risk patients?

- a) Minimize preoperative testing
- b) Enhance recovery
- c) Prolong surgery duration
- d) Limit postoperative monitoring
- e) Reduce anesthesia time

40) What is the main consideration in fluid therapy for a burn patient?

- a) Type of burn
- b) Patient's weight
- c) Depth of burn
- d) Total body surface area burned
- e) Age of the patient

41) Which surgical procedure is commonly performed using laparoscopic techniques?

- a) Appendectomy
- b) Craniotomy
- c) Thoracotomy
- d) Hysterectomy
- e) Cardiac bypass surgery

42) In trauma management, what is the primary survey focused on?

- a) Detailed physical examination
- b) ABCDE (Airway, Breathing, Circulation, Disability, Exposure)
- c) Blood work analysis
- d) Radiographic imaging
- e) Wound care

43) What is a common long-term complication of a head injury?

- a) Seizures
- b) Hypertension
- c) Diabetes
- d) Asthma
- e) Hypothyroidism

44) What is the Parkland formula used for?

- a) Calculating nutritional needs
- b) Determining blood transfusion volume
- c) Assessing burn severity
- d) Calculating fluid resuscitation in burns
- e) Estimating surgical blood loss

45) Which salivary gland tumor is most commonly malignant?

- a) Pleomorphic adenoma
- b) Warthin's tumor
- c) Mucoepidermoid carcinoma
- d) Acinic cell carcinoma
- e) Adenoid cystic carcinoma

46) What is the most common type of thyroid cancer?

- a) Medullary thyroid cancer
- b) Follicular thyroid cancer
- c) Papillary thyroid cancer
- d) Anaplastic thyroid cancer
- e) Hurthle cell carcinoma

47) Which breast cancer is characterized by peau d'orange appearance?

- a) Ductal carcinoma in situ
- b) Invasive ductal carcinoma
- c) Lobular carcinoma
- d) Inflammatory breast cancer
- e) Paget's disease of the breast

48) Which abdominal sign indicates acute appendicitis?

- a) Murphy's sign
- b) McBurney's point tenderness
- c) Rovsing's sign
- d) Cullen's sign
- e) Grey Turner's sign

49) What is the most common complication of an inguinal hernia?

- a) Obstruction
- b) Strangulation
- c) Perforation
- d) Hemorrhage
- e) Infection

50) Which part of the abdomen is most commonly involved in peritonitis?

- a) Epigastric region
- b) Umbilical region
- c) Hypogastric region
- d) Right lower quadrant
- e) Left lower quadrant

51) What is the most common symptom of a peptic ulcer?

- a) Hematemesis
- b) Abdominal pain
- c) Weight loss
- d) Dysphagia
- e) Diarrhea

52) Which diagnostic test is most specific for acute hepatitis?

- a) Serum bilirubin
- b) Alanine aminotransferase (ALT)
- c) Aspartate aminotransferase (AST)
- d) Alkaline phosphatase (ALP)
- e) Prothrombin time (PT)

53) What is the primary treatment for a ruptured spleen?

- a) Antibiotics
- b) Chemotherapy
- c) Splenectomy
- d) Radiation therapy
- e) Observation

54) Which condition is most commonly associated with jaundice?

- a) Cholecystitis
- b) Pancreatitis
- c) Hepatitis
- d) Peptic ulcer
- e) Appendicitis

55) Which enzyme level is elevated in acute pancreatitis?

- a) Amylase
- b) Lipase
- c) Trypsin
- d) Elastase
- e) Pepsin

56) Which condition is characterized by alternating diarrhea and constipation?

- a) Irritable bowel syndrome
- b) Ulcerative colitis
- c) Crohn's disease
- d) Celiac disease
- e) Diverticulitis

57) What is a hallmark sign of acute mesenteric ischemia?

- a) Severe abdominal pain out of proportion to physical findings
- b) Mild, diffuse abdominal pain
- c) Painless jaundice
- d) Hematemesis
- e) Chronic constipation

58) What is the first-line treatment for uncomplicated appendicitis?

- a) Antibiotics
- b) Laparoscopic appendectomy
- c) Open appendectomy
- d) Observation
- e) Drainage

59) What is the primary concern in the management of a patient with rectal cancer?

- a) Pain management
- b) Bowel function preservation
- c) Skin care
- d) Fluid balance
- e) Respiratory support

60) What is a common cause of anal fissures?

- a) Hard stools
- b) Soft stools
- c) Diarrhea
- d) Hemorrhoids
- e) Infections

61) What is the primary treatment for septic shock?

- a) Corticosteroids
- b) Antibiotics and fluid resuscitation
- c) Insulin therapy
- d) Anticoagulants
- e) Pain management

62) In surgical infection, which antibiotic is often used for prophylaxis in colorectal surgery?

- a) Ciprofloxacin
- b) Vancomycin
- c) Metronidazole
- d) Amoxicillin
- e) Azithromycin

63) What is the most common type of shock seen in trauma patients?

- a) Cardiogenic shock
- b) Neurogenic shock
- c) Hypovolemic shock
- d) Septic shock
- e) Anaphylactic shock

64) In the management of trauma, which of the following is assessed first?

- a) Breathing
- b) Circulation
- c) Disability
- d) Airway
- e) Exposure

65) Which of the following is a common complication of blood transfusion?

- a) Hypercalcemia
- b) Hypothermia
- c) Hyperkalemia
- d) Hypotension
- e) Hyponatremia

66) Which nutrient is essential for collagen synthesis during wound healing?

- a) Vitamin D
- b) Vitamin C
- c) Vitamin B12
- d) Vitamin A
- e) Vitamin K

67) Which of the following pediatric conditions requires surgical intervention shortly after birth?

- a) Pyloric stenosis
- b) Hirschsprung's disease
- c) Congenital diaphragmatic hernia
- d) Meckel's diverticulum
- e) Intussusception

68) What is the primary imaging modality for the initial evaluation of a breast lump?

- a) MRI
- b) Ultrasound
- c) Mammography
- d) CT scan
- e) PET scan

69) Which of the following is the most significant risk factor for the development of colorectal cancer?

- a) High fiber diet
- b) Family history of colorectal cancer
- c) Regular physical activity
- d) Low body mass index
- e) Low-fat diet

70) What is a common presenting symptom of peritonitis?

- a) Chest pain
- b) Cough
- c) Severe abdominal pain
- d) Leg swelling
- e) Headache

71) Which component of the surgical audit cycle involves comparing actual performance with established standards?

- a) Standard setting
- b) Data collection
- c) Analysis
- d) Implementation of change
- e) Monitoring

72) In the nutritional management of a surgical patient, which macronutrient is most important for wound healing?

- a) Carbohydrates
- b) Proteins
- c) Fats
- d) Fiber
- e) Vitamins

73) What is a common indication for the use of a nasogastric tube in the perioperative period?

- a) Administration of oral medications
- b) Feeding
- c) Gastric decompression
- d) Tracheal intubation
- e) Monitoring urine output

74) Which phase of the surgical audit involves implementing changes based on audit findings?

- a) Data collection
- b) Standard setting
- c) Monitoring
- d) Implementation of change
- e) Analysis

75) Which type of hernia is more common in females?

- a) Direct inguinal hernia
- b) Umbilical hernia
- c) Incisional hernia
- d) Femoral hernia
- e) Spigelian hernia

76) What is the main objective of robotic surgery?

- a) Reduce the cost of surgery
- b) Shorten the surgical time
- c) Increase the surgeon's dexterity and precision
- d) Reduce the need for anesthesia
- e) Increase the length of hospital stay

77) What is the best initial management for a patient with a suspected tension pneumothorax?

- a) Chest X-ray
- b) CT scan
- c) Needle decompression
- d) IV antibiotics
- e) Nasogastric tube placement

78) What is the primary goal of early assessment and management of trauma?

- a) Stabilize the patient's airway, breathing, and circulation
- b) Obtain a detailed patient history
- c) Administer antibiotics
- d) Perform diagnostic imaging
- e) Provide definitive surgical care

79) Which thyroid condition is most likely to present with a solitary thyroid nodule?

- a) Thyroid cyst
- b) Hashimoto's thyroiditis
- c) Graves' disease
- d) Thyroid adenoma
- e) Thyroid carcinoma

80) Which of the following is a hallmark symptom of pheochromocytoma?

- a) Persistent hypotension
- b) Bradycardia
- c) Episodic hypertension
- d) Hypoglycemia
- e) Weight gain

81) Which type of breast cancer is most likely to be detected on screening mammography?

- a) Inflammatory breast cancer
- b) Invasive lobular carcinoma
- c) Invasive ductal carcinoma
- d) Paget's disease of the breast
- e) Ductal carcinoma in situ

82) What is the most appropriate initial management for a patient with suspected acute cholecystitis?

- a) Oral antibiotics
- b) Immediate cholecystectomy
- c) Intravenous fluids and antibiotics
- d) Observation
- e) Dietary modification

83) Which test is most useful for diagnosing pancreatitis?

- a) Serum lipase
- b) Serum amylase
- c) Liver function tests
- d) Complete blood count
- e) Blood urea nitrogen

84) What is the primary treatment for an anal fissure?

- a) Antibiotics
- b) Topical nitrates
- c) Surgery
- d) High-fiber diet and stool softeners
- e) Steroid injections

85) What is a common symptom of diverticulitis?

- a) Left lower quadrant pain
- b) Right upper quadrant pain
- c) Epigastric pain
- d) Hematemesis
- e) Dysphagia

86) What is the gold standard for diagnosing Hirschsprung's disease in a pediatric patient?

- a) Abdominal ultrasound
- b) Barium enema
- c) Rectal biopsy
- d) CT scan
- e) MRI

87) What is the primary goal of perioperative antibiotic prophylaxis?

- a) Treat existing infection
- b) Reduce the length of hospital stay
- c) Prevent surgical site infections
- d) Enhance wound healing
- e) Minimize blood loss

88) In the management of acute appendicitis, what is the most common postoperative complication?

- a) Wound infection
- b) Pneumonia
- c) Deep vein thrombosis
- d) Urinary retention
- e) Hemorrhage

89) What is the most common location for an esophageal perforation?

- a) Cervical esophagus
- b) Thoracic esophagus
- c) Gastroesophageal junction
- d) Upper third of the esophagus
- e) Lower third of the esophagus

90) Which of the following is the most common cause of intestinal obstruction in adults?

- a) Hernias
- b) Adhesions
- c) Tumors
- d) Volvulus
- e) Intussusception

91) What is the most effective method for confirming a diagnosis of colorectal cancer?

- a) Abdominal ultrasound
- b) Barium enema
- c) Colonoscopy with biopsy
- d) CT scan
- e) MRI

92) Which of the following is a common symptom of gastric cancer?

- a) Hematuria
- b) Weight gain
- c) Early satiety
- d) Chronic cough
- e) Dysphagia

93) What is the first-line imaging study for evaluating a suspected small bowel obstruction?

- a) Abdominal X-ray
- b) CT scan
- c) MRI
- d) Ultrasound
- e) PET scan

94) Which condition is characterized by recurrent episodes of severe right upper quadrant pain after meals?

- a) Peptic ulcer disease
- b) Acute pancreatitis
- c) Cholelithiasis
- d) Appendicitis
- e) Gastric cancer

95) What is the most common benign tumor of the liver?

- a) Hepatocellular carcinoma
- b) Hepatic adenoma
- c) Hemangioma
- d) Cholangiocarcinoma
- e) Focal nodular hyperplasia

96) In the management of a patient with cirrhosis, which complication is characterized by ascites, jaundice, and encephalopathy?

- a) Acute liver failure
- b) Hepatocellular carcinoma
- c) Portal hypertension
- d) Hepatorenal syndrome
- e) Hepatic encephalopathy

97) What is the most common cause of acute pancreatitis in adults?

- a) Alcohol abuse
- b) Gallstones
- c) Hypertriglyceridemia
- d) Trauma
- e) Infection

98) Which laboratory test is most indicative of obstructive jaundice?

- a) Elevated serum bilirubin
- b) Elevated serum albumin
- c) Decreased hemoglobin
- d) Increased prothrombin time
- e) Decreased white blood cell count

99) What is the most common symptom of esophageal cancer?

- a) Persistent cough
- b) Dysphagia
- c) Chest pain
- d) Hoarseness
- e) Nausea

100) What is the primary goal of the initial management of a patient with an upper gastrointestinal bleed?

- a) Control of pain
- b) Fluid resuscitation and stabilization
- c) Administration of proton pump inhibitors
- d) Endoscopic evaluation
- e) Blood transfusion

≯ With best wishes **≯**

Ass. Prof. Dr. Kalid K Hussain Subject Lecturer

Prof Dr. Waleed Q Rajab Subject Lecturer

Prof. Dr. Ahmed S KhazaI **Head of the Department**