Tikrit University
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# Chest Emergencies Trauma & Non-traumatic

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# <u>Topics</u>

- 1. Chest trauma
- 2. Pneumothorax
- 3. Hydro-Pneumothorax
- 4. Pulmonary hemorrhage / contusion
- 5. Pulmonary infarction
- 6. Neonatal RDS and meconium aspirate

# Chest trauma

- Types of trauma:
  - 1. Blunt
  - 2. Penetrating
  - 3. Explosion Related

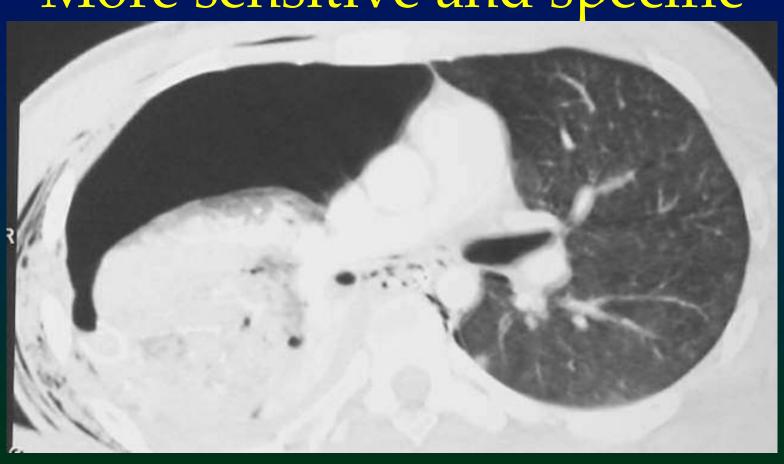
# Trauma Chest Radiograph

• Usually AP, often supine, frequently in poor inspiration.

• So, a challenge to interpret.



# CT Chest More sensitive and specific



## **Chest Trauma**

### May Result In:

- 1. Fractures & Dislocations of : Spine, Ribs, Clavicles, Sternum, Shoulders
- 2. Flail Chest
- 3. Pneumothorax & Hemo-pneumothorax
- 4. Pneumo-mediastinum
- 5. Pneumo-pericardium & Hemopericardium- cardiac tamponade
- 6. Surgical emphysema

# Pneumothorax

# What is a pneumothorax?

 Air within the pleural cavity (i.e. between visceral and parietal pleura)

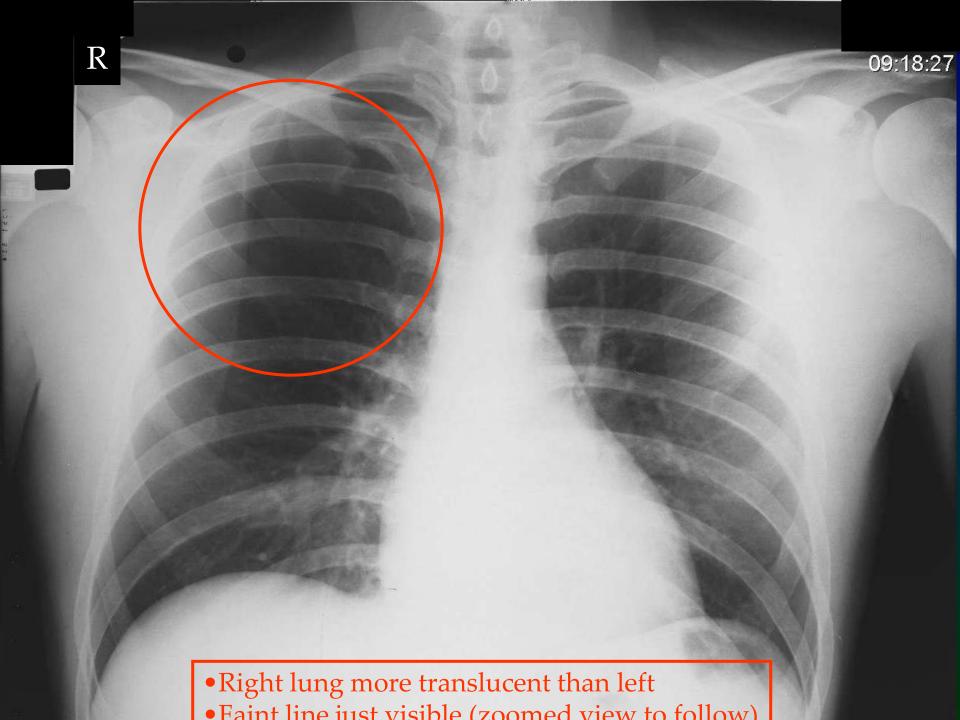
- The air enters via a defect in the:
  - visceral pleura (e.g. ruptured bulla) or
  - parietal pleura (e.g. puncture following rib fracture)

## CXR features of pneumothorax

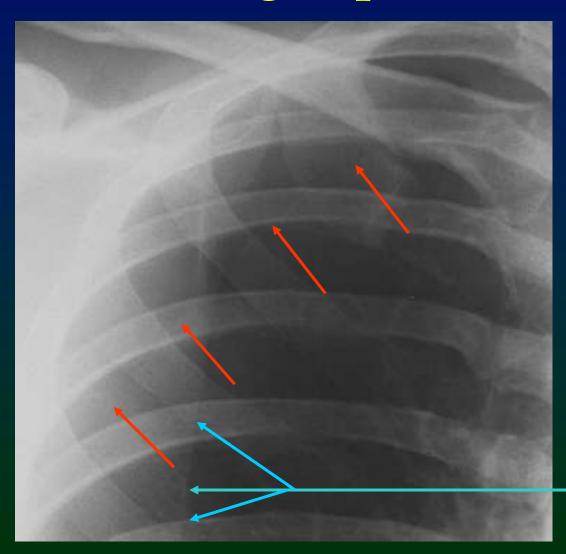
- 1. White line of visceral pleura parallel to chest wall
- 2. No lung markings lateral to the line
- 3. There may be associated rib fractures
- Do not confuse the line with skin fold or with scapula
- Expiration film is better.
- CT is the most sensitive imaging modality

Look at the CXR on the next slide. Where is the pneumothorax?





# Right pneumothorax



- •Pencil-thin white line running parallel to chest wall
- No lung markings lateral to the line

Blade of right scapula



# Types of Pneumothorax

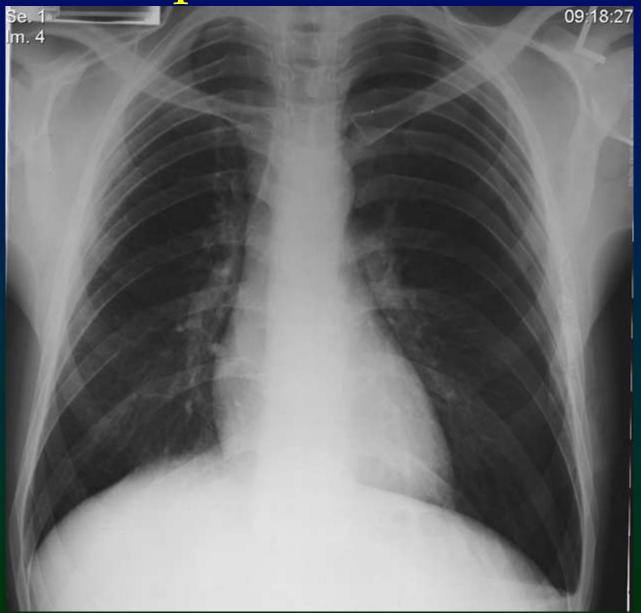
#### • Simple

- Mediastinum remains central
- Clinical condition stable
- Radiological features: mentioned before.

#### Tension

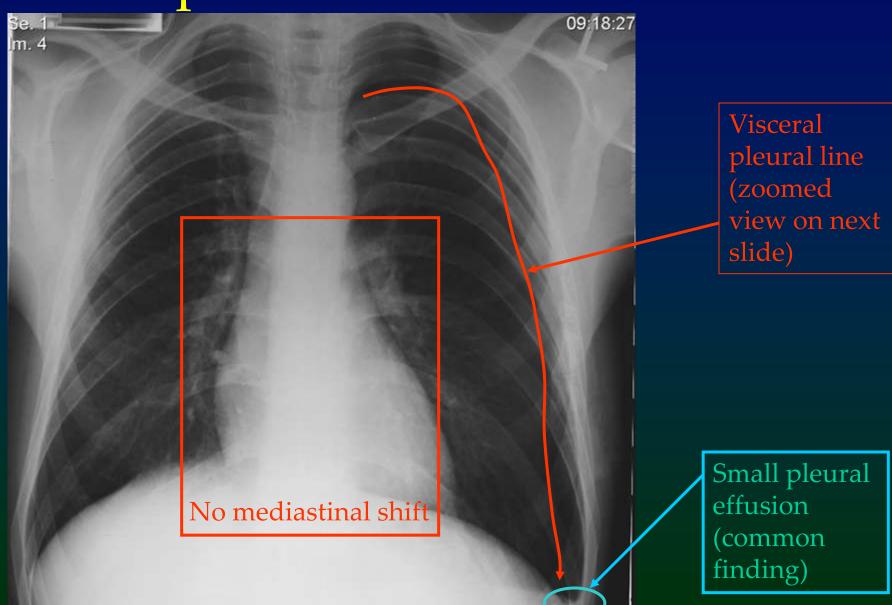
- The clinical condition is unstable
- Progressive build up of air in the pleural space.
- Radiological features:
  - 1. Hyper lucency of affected hemi thorax + previous features
  - 2. Flattening of ipsilateral hemi diaphragm.
  - 3. Contra lateral shift of mediastinum
  - 4. Collapsed ipsilateral lung ± contra lateral shift
- Do <u>not</u> late, chest tube is life saving. Death will result if not quickly recognized and treated with needle decompression.

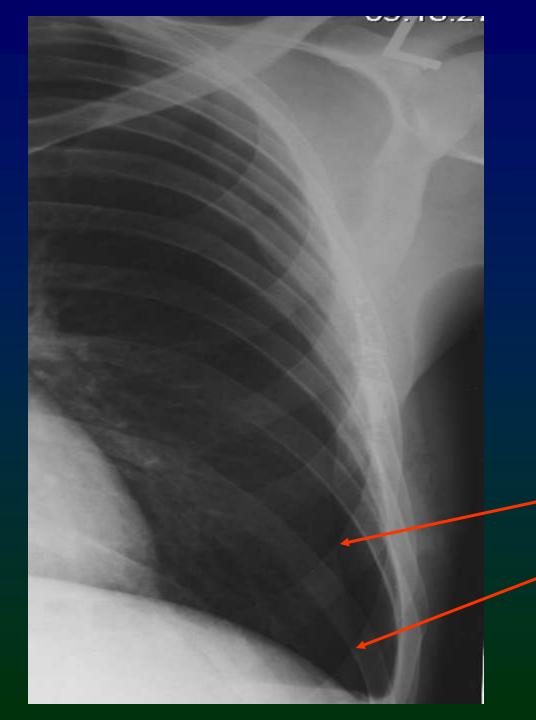
# Simple Left Pneumothorax





# Simple Left Pneumothorax



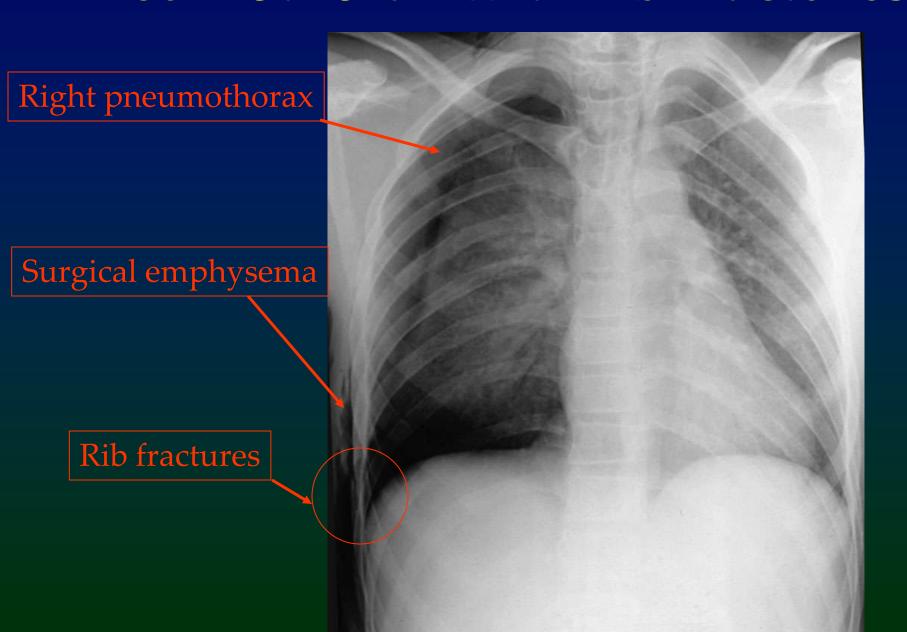


Note absence of lung markings lateral to this line

# Pneumothorax with rib fractures

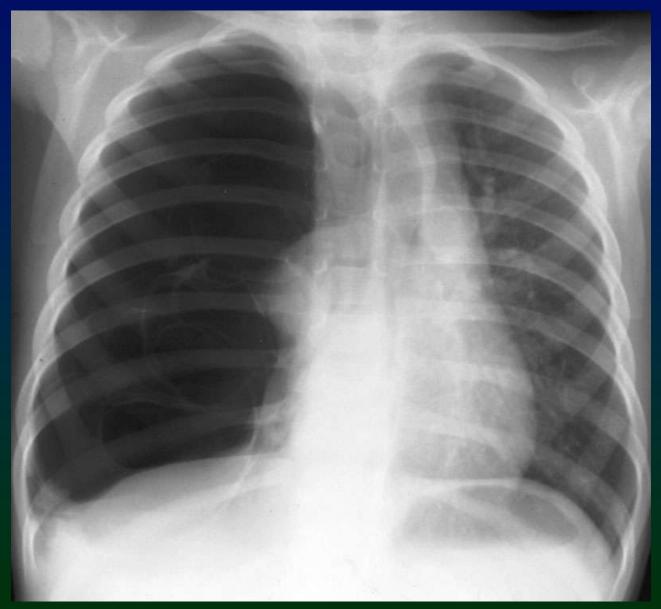


## Pneumothorax with rib fractures

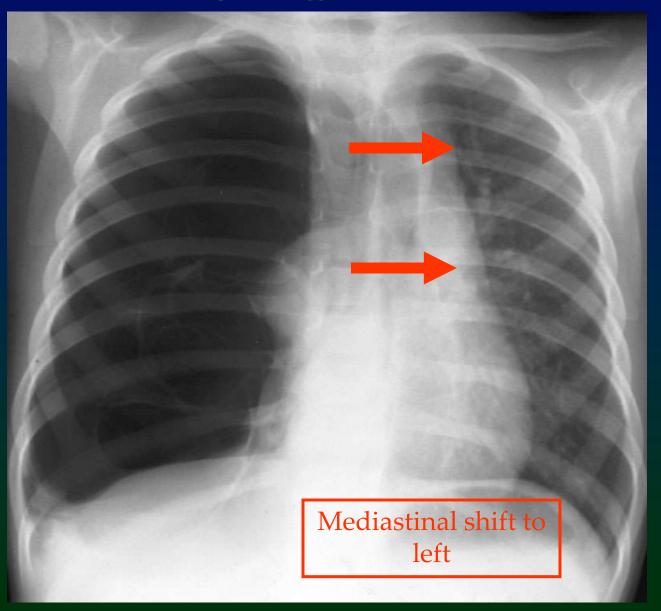




# Tension right pneumothorax



# Tension right pneumothorax



## Causes of Pneumothorax

- Spontaneous
  - Rupture of an apical bleb
- Traumatic
  - With rib fractures
  - Penetrating chest trauma
- Pre-existing lung abnormality
  - Pulmonary fibrosis
  - Asthma
  - Vasculitis
  - Pulmonary metastases close to edge of lung

# Other causes of absent lung markings

- Large emphysematous bullae
- Large lung cysts
- Pulmonary embolism

....but only pneumothorax has a white line parallel to the chest wall

## Take Home Points

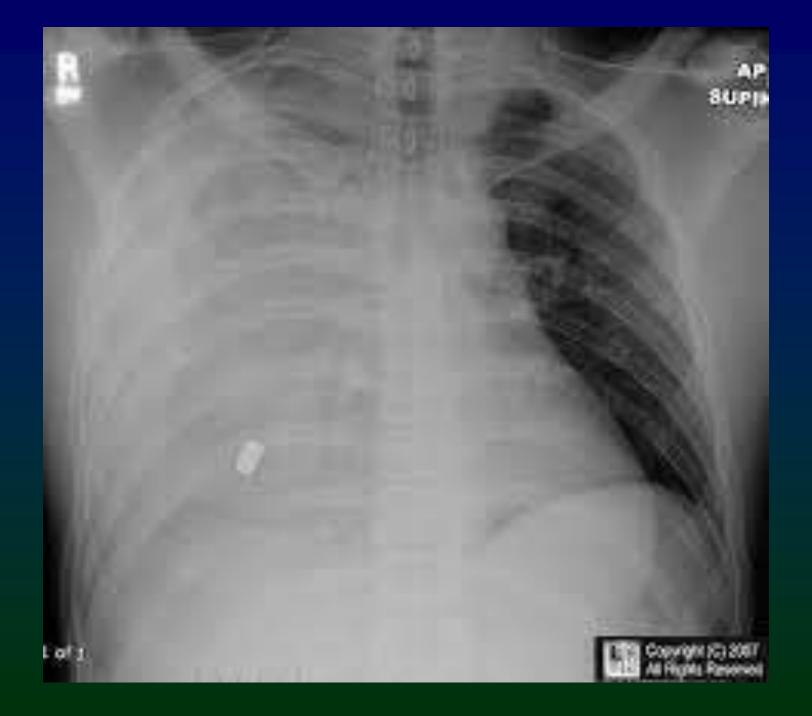
- Look for a pencil-thin white line parallel to the chest wall
- No lung markings lateral to the line

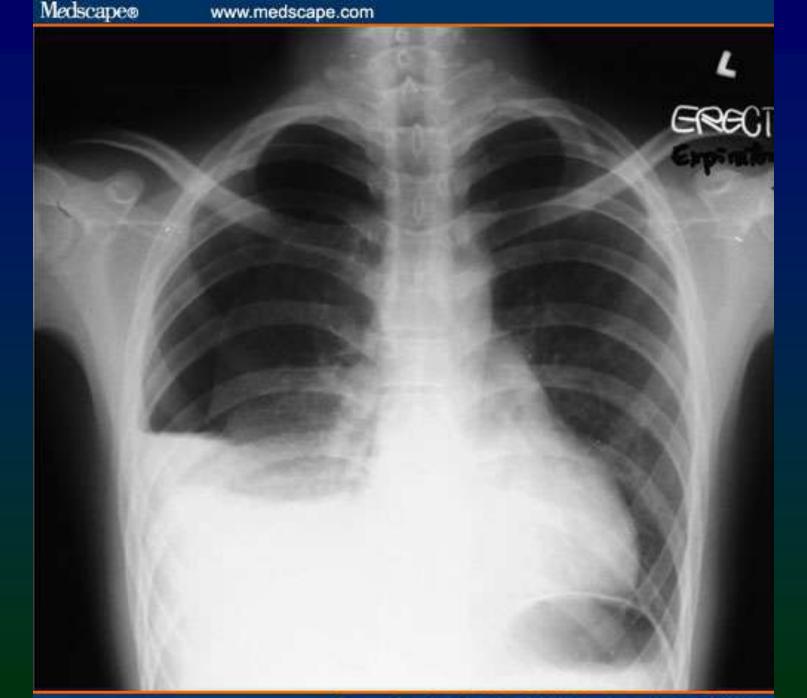
 Make sure the patient does not have another cause for absent lung markings before inserting a chest drain

• In tension pn.thx: Death will result if not quickly recognized and treated with needle decompression

# **HEMOTHORAX**

- Blood accumulation in chest cavity
- May occur slowly or rapidly depending on size of disrupted blood vessel
- May occur due to penetrating or blunt trauma
- In massive hemothorax, blood loss is complicated by low oxygen levels in blood (hypoxia)

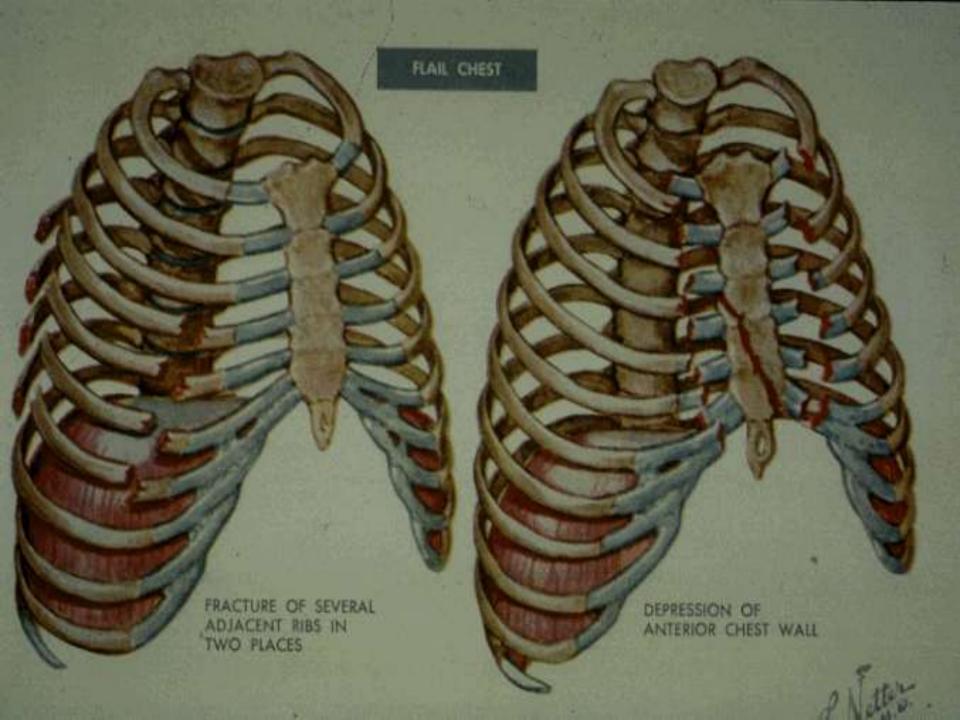




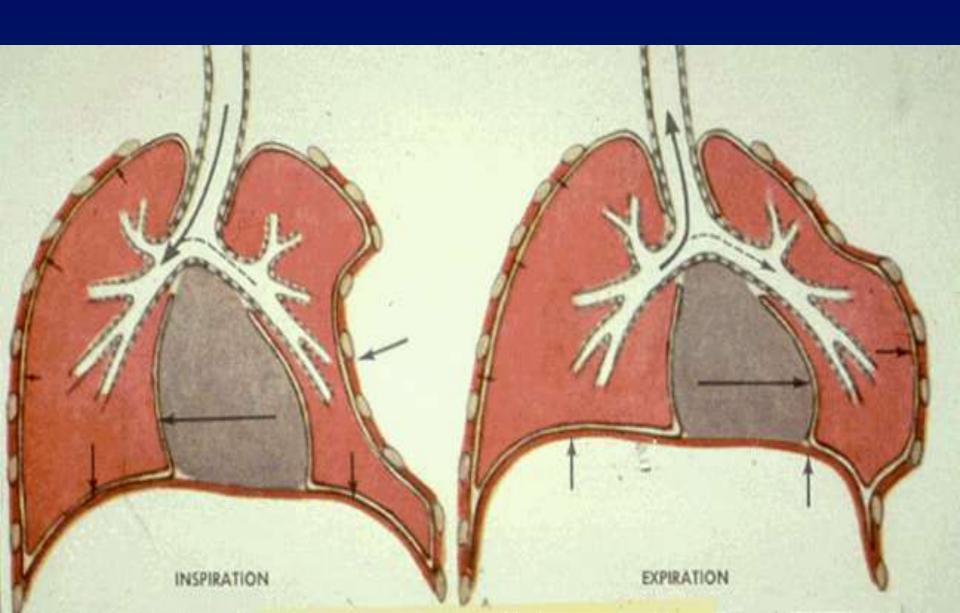
Source: Curr Opin Pul Med @ 2006 Lippincott Williams & Wilkins

## FLAIL CHEST

- Three or more ribs fractured in two or more places or a fractured sternum
- Severe pain at site
- Rapid shallow breathing
- Paradoxical respirations (may be difficult to detect initially)
- Pneumothorax may be present
- Possible underlying contusion to lung could lead to hypoxia



# PARADOXICAL RESPIRATIONS



A **pulmonary contusion** refers to an interstitial and/or alveolar lung injury.

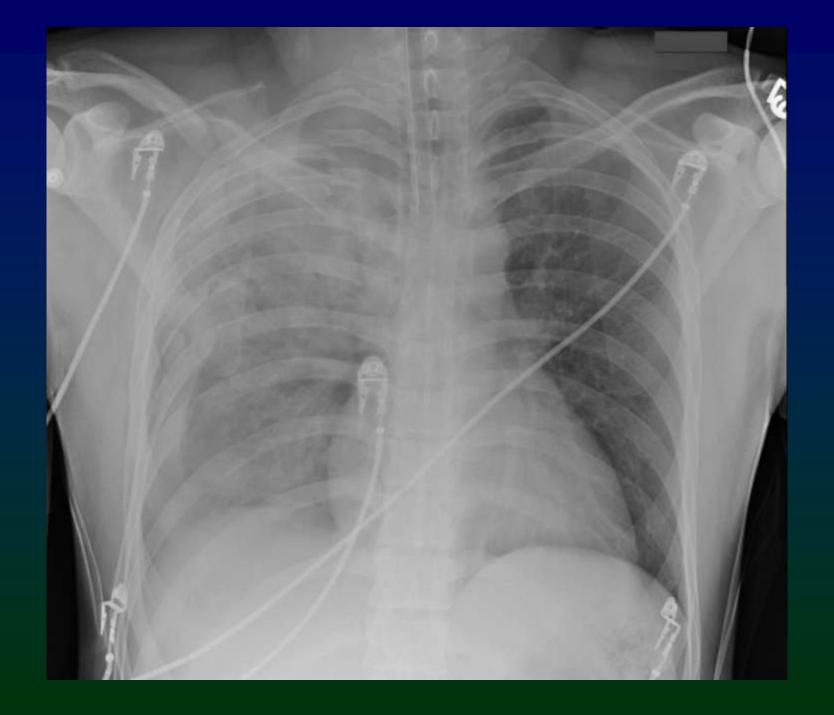
It is usually occurs secondary to non-penetrating trauma.

#### Plain radiograph

An initial trauma chest radiograph may be normal.

Over the first day following trauma, ill-defined geographic consolidation develop which are not sensitive for contusion, with differentials including aspiration, atelectasis, and infection.

Consolidation may be faint and usually shows rapid improvement with time, commonly over several days as the blood in the alveolar spaces is absorbed.

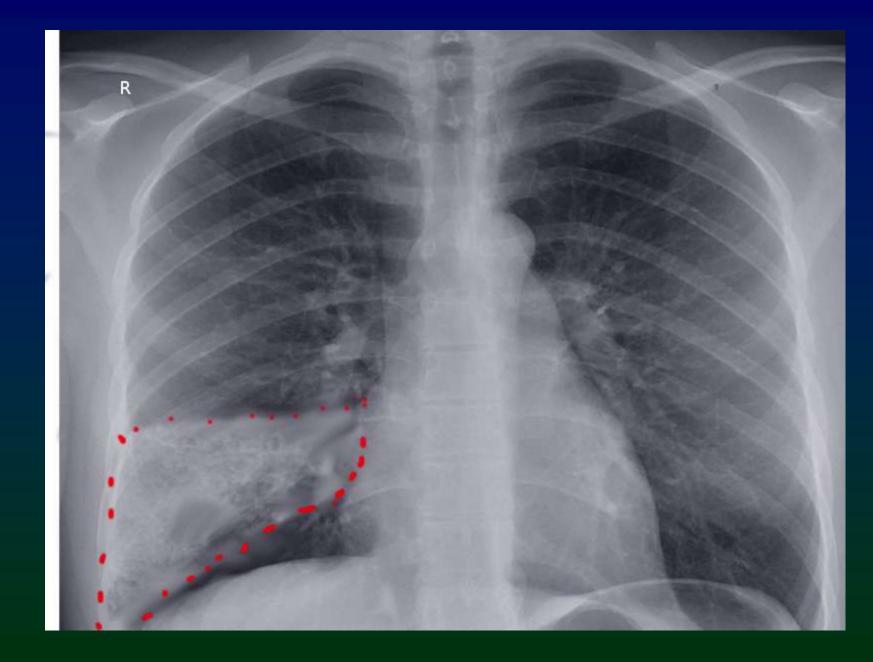


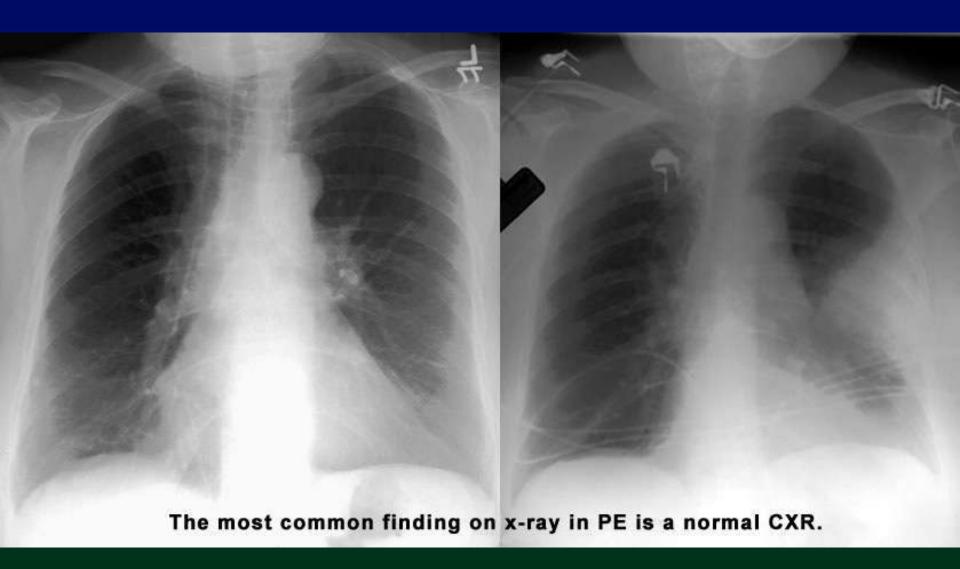
# Pulmonary infarction PI is one of the complications of <u>pulmonary embolism (PE)</u>.

#### Plain radiograph

Typical chest radiographic findings include:

- Wedge-shaped (less often rounded) juxtapleural opacification (Hampton hump) without <u>air</u> <u>bronchograms</u> more often in the lower lobes
- In the case of infarction, it requires months to heal and may leave a linear scar





# Respiratory distress syndrome (RDS) hyaline membrane disease is a relatively commaon condition that occurs in preterm neonates resulting from insufficient production of surfactant.

#### Clinical presentation

Presents in the first few hours of life in a premature baby.

Signs include tachypnea, expiratory grunting, and nasal flaring. Substernal and intercostal retractions.

The infant may or may not be cyanosed.

Risk factors include maternal diabetes, greater prematurity, perinatal asphyxia, and multiple gestations.

Associated conditions are those that can occur in prematurity: germinal matrix hemorrhage, necrotizing enterocolitis, <u>patent ductus arteriosus</u>, delayed developmental milestones, hypothermia, and hypoglycemia.

# Plain radiograph

- Low lung volumes
- Diffuse, bilateral and symmetrical granular opacities.
- Bell-shaped thorax
- Air bronchograms may be evident
- Hyperinflation makes the diagnosis less likely, unless the patient is intubated.
- If treated with surfactant therapy, there may be an asymmetric improvement as more surfactant may reach certain parts of the lungs than others.





Meconium aspiration occurs secondary to intrapartum or intrauterine aspiration of meconium, usually in the setting of fetal distress, often in term or post-term infants.

## Clinical presentation

There is commonly a history of meconium stained fluid at birth. Depending on the length of exposure, meconium skin staining may be present.

Neonates typically present with respiratory distress and varying degrees of hypoxia. Wheezing, hypercarbia and cyanosis may develop depending on the severity of the condition.

## Plain radiograph

- Increased lung volumes
  - hyperinflated lungs with flattened hemidiaphragms
  - secondary to distal small airway obstruction and gas trapping
- Asymmetric patchy pulmonary opacities
- Pleural effusions can be seen
- Pneumothorax or <u>pneumo-mediastinum</u> in 20-40% of cases
  - due to increased alveolar tension from obstructed airways
- Multifocal consolidation
  - due to chemical pneumonitis









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